## Hypnotherapy Regulatory Forum -

## **Principles of Good Practice**

These Principles of Good Practice are underpinned by the National Occupational Standards (NOS) and describe the ways in which practitioners should demonstrate good practice across all of their work.

Practitioners working in complementary and natural healthcare should demonstrate:

- 1. That they partake in regular and appropriate formal Supervision
- 2. An understanding of the philosophy and principles underpinning their discipline
- 3. An understanding of current legislation and policy as it applies to their discipline
- 4. Respect for clients' dignity, privacy, autonomy, cultural differences and rights
- 5. Regard for the safety of the client and themselves
- 6. That they learn from others, including clients and colleagues and continually develop their own knowledge, understanding and skills through reflective practice, and research findings
- 7. An awareness of their own and others emotional state and responses, incorporating such awareness into their own practice
- 8. That they communicate clearly, concisely and in a professional manner
- 9. That they work with confidence, integrity and sensitivity
- 10. That they undertake systematic, critical evaluation of their professional knowledge
- 11. That they work within their scope of practice, experience and capability at all times

Source: Complementary & Natural Healthcare NOS 2011