

The GHR is the Registering Agency for the  
General Hypnotherapy Standards Council



**Registration Form**

(Ref.W-12/13)

**BLOCK CAPITALS PLEASE**

Title and Full Name ..... D.O.B. ....

Address for Correspondence .....

..... Post Code .....

Main Practice Area (County, followed by Main Town) .....

Home Tel No. .... Practice Tel.No/s .....

Email ..... Practice Email .....

Website for Publication .....

I hereby declare that the above information and all material enclosed with this application is correct. I confirm that no disciplinary action is pending or has ever been sustained against me by any professional body. I further confirm that I have never been convicted of a criminal offence and that no criminal prosecution is pending. **(N.B. If you are unable to confirm either of the foregoing sentences, please provide full, written details.)**

I understand that continued Registration beyond each annual renewal date is strictly by invitation of the GHR and also dependent upon my compliance with whatever criteria are in place at that time. I agree to adhere to the *GHR Code of Ethics*. I understand that acceptance of my application and any grade awarded is entirely at the discretion of the Registrar. I understand that in the event my application should be declined, I will be entitled to the return of any annual registration fee sent at that time. I understand and accept that failure to maintain adequate **Professional Indemnity & Public Liability Insurance** (minimum indemnity - £1,000,000) throughout any period of Registration with the GHR will nullify that Registration. I understand that the period of registration for subscriptions is 12 calendar months and that I am not entitled to a refund if I voluntarily cancel my registration mid period. **(Please delete the following sentence if you do not agree)** -- I agree that my PRACTICE contact details may be made accessible to members of the public, both in printed format and on the GHR Website. **(N.B. Home address details are never made accessible to the public.)**

Please refer to the **Notes for Guidance** on the next page

- i) I have **enclosed copies of Supporting Documentation** relevant to my application
- ii) I have enclosed details of two Referees
- iii) I confirm my acceptance of the minimum Supervision requirements *(where applicable)*
- iv) I confirm my acceptance of the minimum Continuing Professional Development requirements

Signed: ..... Date: .....

**ADMINISTRATION & REGISTRATION FEES** (Select ONE option only) *(Please tick all relevant boxes)*

**OPTION 1 (Discounted Rate)**

I enclose the completed STANDING ORDER FORM in respect of the Registration Fee together with a CHEQUE in the amount of £15.00 in respect of the one-off Administration Fee **TOTAL FEE: £85.00**

**OPTION 2**

I enclose a CHEQUE in the amount of £95.00  
(i.e £80.00 Registration Fee plus £15.00 one-off Administration Fee) **TOTAL FEE: £95.00**

**INSURANCE**

With regard to the MANDATORY *Professional Indemnity Insurance* requirements:

I have enclosed a copy of my current provision

I would like to receive information on the Schemes available through the GHR's Brokers

**OPTIONAL ITEMS**

I would like a **SPECIALLY PRINTED DISPLAY CERTIFICATE**  
(as described within the *Notes for Guidance*) and enclose a CHEQUE in the amount of **£15.00**

I would like my contact details forwarded to the **Complementary & Natural Healthcare Council**  
(Please refer to *Notes for Guidance* on the next page)

Please make cheques payable to 'GHR'. All Applications should be returned to:  
The General Hypnotherapy Register PO Box 204 LYMINGTON SO41 6WP

## **NOTES FOR GUIDANCE**

### **SUPPORTING DOCUMENTATION**

It is vital that the GHR maintains as complete a record as possible with regard to Registrants' relevant training and experience within the field. **Consequently, copies of appropriate documentation must accompany all applications for Registration** (i.e. Diplomas / Training Certificates etc.) Applicants must also provide the names and addresses for two independent referees, who we reserve the right to contact. These should be people of at least majority age but who are not related to you (or to each other), have had no involvement in your hypnotherapy training and who have known you for at least two years. We also reserve the right to personally contact applicants for the purpose of discussing their application prior to possible acceptance.

### **PROFESSIONAL INDEMNITY INSURANCE**

**Professional Indemnity & Public Liability Insurance** is mandatory for Registration within the GHR. Although the GHR enjoys access to a choice of four particularly attractive and cost-effective Block Schemes, participation is not obligatory provided Registrants are suitably insured elsewhere. **Applicants with current insurance must include copies of appropriate documentation with any application for Registration. Applicants without suitable provision should tick the relevant box on the Registration Form indicating that they would like to receive information on the schemes available through the GHR's Brokers.**

### **SUPERVISION (Newly qualified Practitioners only)**

Newly qualified Practitioners are expected to engage in this beneficial process for **a minimum of 2 hours in any 3 month period during their first 2 years of practice after qualification. (Thereafter, although ongoing Supervision is encouraged, it becomes a voluntary process).** Supervision may be conducted via "one-to-one", a "peer support group" or a telephone / e-mail arrangement where circumstance dictates. Whichever method is employed, **Registrants are advised to maintain a personal log of all such activity** as they may be asked to provide suitable evidence of the previous 12 months Supervision at the time of their annual re-registration. **Current lists of both One to One Supervisors and local Peer Support Groups are published on the GHR website** but any Registrant experiencing difficulty in making suitable Supervision arrangements may contact the GHR head office for assistance.

**N.B. Registrants who undertake Supervision as a condition of their membership of other healthcare professions may apply to have this taken into account, providing that it is compatible with and relevant to the practise of Hypnotherapy.**

### **CONTINUING PROFESSIONAL DEVELOPMENT (CPD)**

**CPD** is considered to be important for practising Hypnotherapists in order that they may keep abreast of new developments and techniques within the field. Registrants are expected to participate in relevant CPD activity for a **minimum of 25 hours annually whilst registered with the GHR.** The GHR's definition of CPD includes **appropriate reading, Internet research or personal attendance at relevant workshops.** Practitioners may be asked to provide suitable evidence of the previous 12 months CPD involvement at the time of their annual re-registration and to facilitate this, samples of approved, user-friendly Data Sheets are available from the GHR head office on request.

**N.B. Registrants who undertake CPD as a condition of their membership of other healthcare professions may apply to have this taken into account, providing that it remains compatible with and relevant to the practise of Hypnotherapy.**

### **DISPLAY CERTIFICATES (Optional)**

**Specially Printed Display Certificates** measure 28cms x 35cms (11ins x 14ins), are finished in raised burgundy and black ink with gold block logo on a hammered pale cream background, in portrait format and are presented unframed. Whilst they are the exclusive property of the purchaser, they only remain valid if accompanied by a current **Registration Document** (issued annually).

### **THE COMPLEMENTARY & NATURAL HEALTHCARE COUNCIL (CNHC)**

Every GHR practitioner registered at Practitioner status (or above) is eligible for fast track registration within the CNHC, the voluntary regulator for complementary medicine initially sponsored by the Department of Health. If you have ticked the appropriate box on the Registration Form, your name and contact email address will be automatically forwarded to them and they will subsequently contact you in order that you may consider registration with them. **Please note that there is an annual fee payable to the CNHC for registration** but that registration with them neither replaces nor conflicts with registration within the GHR. The CNHC is a Regulatory Body whose primary function is the protection of the public whereas the GHR is a Professional Body whose primary function is the wellbeing of its registered practitioners.

# The Benefits of Full Practitioner Registration with the GHR

- Affiliation with the **UK's largest Professional Association** for practising hypnotherapists
- \*The acquisition of a standardised, professional award, the **General Qualification in Hypnotherapy Practice (GQHP)** or if applicable, the Senior version (**SQHP**)
- \*A dedicated website, with **free** inclusion (and updates) of Registrants' contact details together with active links to their own e-mail addresses and websites (where available). **N.B. There are no additional fees charged for multiple entries**
- \*Eligibility for fast track registration within the **Complementary and Natural Healthcare Council** ([www.cnhc.org.uk](http://www.cnhc.org.uk)) - the Department of Health sponsored regulator for complementary medicine
- \*Automatic acceptance under an International Reciprocal Alliance into either the Australian Hypnotherapists' Association (AHA) or the Association of Registered Clinical Hypnotherapists (ARCH Canada) for those practitioners wishing to relocate to these respective countries
- Fast track processing within the Central Register of Stop Smoking Therapists ([www.CRSST.com](http://www.CRSST.com)) - a dedicated website for smoking cessation practitioners
- \***Free** inclusion (where applicable) in the following additional Registers within the GHR website:
  - *Related Approaches Registers:* NLP / Meridian Therapies / Stress Management / Life Coaching
  - *Special Interest Registers:* Allergies & Skin Conditions / Children & Adolescents / IBS & Gut Related Disorders / Painless Childbirth Coaching / Pain Management / Past Life Regression / Performance Enhancement / Phobias, Panic & Anxiety States / PMT & Menopausal Symptoms / Regression Within Current Life / Weight Management
  - *Ethnic & Foreign Language Speaking Register*
- \***Free** nation-wide Referrals Facility
- Access to discounted [professional insurance](#) via a choice of four Group Schemes
- \*Access to an exclusive *Yellow Pages* Corporate Advertising Scheme
- \*Access to an exclusive *Thomson Local Directories* Corporate Advertising Scheme
- Discounted rates on [hypnotherapy books](#) from various suppliers
- Discounted rate on the [Money Saving Card](#) - the UK's largest discount card
- Healthcare Plans available for just **£1.50 per person per week** from [Benenden Healthcare Society](#)
- **Free** publication and distribution of regular *News Bulletins*
- The publication of details of forthcoming CPD courses within a regular dedicated *E-bulletin*
- **Free** advertising of relevant products and services within the GHR website "Notice Board" section
- The provision of regional information (within the GHR website) to Registrants seeking peer group or personal supervision arrangements
- Advice with regard to obtaining *Criminal Record Bureau Disclosures* (CRB checks)
- The provision of relevant information and advice on all aspects of the profession to Registrants, the media and the public by experienced, specialist staff
- **Free** provision of the following user-friendly *Practitioner Audit Tools*:
  - *CPD Data Sheets*, as sponsored by the Department of Health and published by Greenwich University, for the maintenance of Continuing Professional Development records
  - *Evidence Based Patient/Client Outcome Forms* for the confidential monitoring of professional performance
  - *Care Aims Forms* for the measurement of clinical quality and assistance with reflective practice
- The dissemination of relevant information from the Department of Health and all other Agencies
- A Standards Council comprised of Representatives of (currently) more than **one hundred and eighty** professional and training organisations
- \*Use of GHR/GHSC titles: "GHR Reg." / "GQHP" (or "SQHP") and logos:



\* Not applicable to Affiliate Registration

# The General Hypnotherapy Register

## Bank Standing Order Form

*(To be completed only if NOT paying your annual subscription by cheque)*

ACCOUNT IN THE NAME OF: \_\_\_\_\_

YOUR ACCOUNT NUMBER : \_\_\_\_\_ YOUR BRANCH SORT CODE: \_\_\_\_\_

YOUR BANK OR BUILDING SOCIETY NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_ POST CODE: \_\_\_\_\_

**PLEASE CREDIT: The General Hypnotherapy Register**

*Account Number:* **01373592**      *Bank:* **Lloyds TSB - Lymington**      *Sort Code:* **30-95-32**

*The sum of:*      **£70.00 (SEVENTY POUNDS)**  
on receipt of this Order and then **ANNUALLY** until cancelled by me

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_ POSTCODE: \_\_\_\_\_

*Please return your completed Form to:*

**The General Hypnotherapy Register  
PO BOX 204    Lymington    SO41 6WP**