

CNH2 Develop and agree plans for complementary and natural healthcare with clients

OVERVIEW

Practitioners must recognise how important it is that the planning of complementary and natural healthcare takes place through discussion and agreement with the client and relevant others (e.g. carers).

This competence is about developing and agreeing plans that meet the client's needs. Such plans may be subject to change as the service proceeds.

Users of this competence will need to ensure that practice reflects up to date information and policies

PERFORMANCE OUTCOMES

Practitioners must be able to do the following:

1. Explain the available option(s) which meet the client's identified needs and circumstances

Explain any restrictions, possible responses and advise on realistic expectations

Advise the client when your discipline is inappropriate and help them to consider other options

- Describing the range, purpose and limitations of different methods or approaches which may be used for clients' individual needs
- Explaining how to determine the most appropriate method(s) for different clients and their particular needs
- Discussing how to recognise those occasions when your discipline may complement other healthcare which the client is receiving
- Identifying the alternative options available to clients for whom your discipline is inappropriate

2. Discuss the approach to be taken, the level of commitment required and the potential outcomes and evaluation with the client

Check the client understands and support them to make informed choices

Obtain the client's consent and complete records in accordance with professional and legal requirements

- Defining the role which the client (and others) may take, and may need to take, if the approach is to be successful
- Demonstrating how to support and advise the client to make informed choices
- Exploring how to work with the client and relevant others to plan the approach
- Explaining why evaluation methods should be determined at the planning stage and what the client's role will be in the evaluation

- Describing the importance of encouraging and empowering the client to be as actively involved as possible
- Illustrating the relationship of the client's involvement to the promotion of their health and well-being
- Applying the procedures for record keeping in accordance with legal and professional requirements.